



## KAYA WOMEN'S SPA MENU

The Kaya is a unique Japanese tree characterized by its strength and resistance to environmental stress. Like the tree, Kaya Day Spa is a rare beauty in an urban setting. We pride ourselves in creating a spa experience that invigorates and restores balance and energy to the mind, body and soul.

### FACIALS

*Ask about our Private Doubles Suite where you and a friend or loved one can enjoy any of our facials together.*

#### KAYA SIGNATURE FACIAL

While each of our carefully selected treatments is based on the practices of herbal medicine and homeopathy of the East, our Signature Facial using Jurlique, the Purest Skin Care on Earth, is performed with aromatic formulas that are personalized for particular skin type and needs. This facial includes a skin analysis, deep cleansing, exfoliation, hydrating steam, light extractions, facial massage, a revitalizing Deep Penetrating mask and skin reconditioning.

- \$90/60 minutes

#### JURLIQUE'S DISCOVERY FACIAL

Got time for a quickie? Slip in and get cleansed, exfoliated, light extractions and replenished!

- \$50/30 minutes

#### BOTANICAL R&R FACIAL

This LATHER facial will regenerate and revitalize you! After your skin is cleansed with cucumber milk and exfoliated with sweet almond crème, you will receive a soothing face massage with sea kelp and jojoba extract. Enjoy a hand massage with AHA cream while masking in sea kelp and ginseng to draw out impurities and help strengthen the skin. This treatment will leave you rested and relaxed!

- \$85/60 minutes

## BIODYNAMIC BEAUTY FACIAL

It is never too early to start thinking about aging gracefully and with Jurlique's new Biodynamic Beauty products we now have the perfect tools! Willow Bark, Beech Tree Bud and Blue Algae will help soften the appearance of fine lines and wrinkles while Daisy and Licorice Root will brighten skin tone and enhance clarity. All in all, this facial will keep your skin looking younger for longer!

- \$115/60 minutes

## THAI INTENSE CLEANSE

This facial heals, hydrates, detoxifies, and remineralizes the skin, leaving it free of impurities. After your face is thoroughly cleansed and exfoliated, a powerful Moor Mud mask is applied to the skin to draw out deep toxins and free radicals to then be removed by extensive extractions. Your skin will be left feeling clear, smooth and rebalanced.

- \$100/60 minutes

## THE FITNESS FACIAL

"Esthetician to the Stars" Sonya Dakar has developed this customized facial to get your out-of-shape skin healthy again. This treatment can refine skin's texture, soothe irritation, combat aging, and even out discoloration.

- \$100/60 minutes

## SONYA DAKAR CUSTOM ACID PEEL

This treatment is designed around the specific needs of individual skin concerns. This customized peel, made up of lactic acid, green tea, and wheat grass, can eradicate past sun and acne damage, as well as stop the clock on future problems.

- To be combined with The Fitness Facial for \$150 total and 75 minutes total time.

## ULTRALUXE FACIAL

This Sonya Dakar advanced facial treatment with anti-aging technology focuses on the face, neck and hands. A no-steam facial, this luxurious service incorporates the Hydrating ProPeel infused with Papain, Oat Protein and 9 Anti-aging Complexes. Following the exclusive interval massage technique (which focuses on special trigger points to lift and tighten facial muscles) will be multiple masks incorporating a breakthrough Tri-peptide technology. This exfoliating, hydrating and soothing facial reveals fresh, younger looking skin. You are never too young to benefit from this treatment!

- \$185/60 minutes • \$210/90 minutes including décolleté

## ANTI-AGING GREEN TEA TREATMENT

Once your skin is cleansed, exfoliated and lightly extracted you will receive a facial massage treatment to plump and lift tired skin. Then the OPC Beauty mask, enriched with Neroli essential oil, will be applied to bring powerful anti-oxidants to the skin, destroy free radicals, aid in cell renewal and relift the skin bringing in oxygen, reversing signs of pollution and sun damage. Throughout this treatment special attention paid to the delicate eye and neck area where aging skin is most evident. This facial will help rebuild collagen and elastin while fighting the skin aging process.

- \$115/60 minutes

## THE O2 EXPERIENCE

Looking for a healthy, radiant glow like none other?.....look no further. In this extraordinary facial, your skin will first be cleansed, then exfoliated and hydrated. Once we apply pure oxygen along with Vitamins A, C, E and 87 different minerals, enzymes, and amino acids, every inch of your skin will be nourished.

- \$120/60 minutes

## THE ULTIMATE EXPERIENCE FACIAL

This facial will bring you ultimate relaxation and promote healthy skin and body. Your skin will be thoroughly cleansed and exfoliated with light extractions. The first mask in this facial is the Moor Mud mask, riding the skin of impurities. The second mask is the Deep Penetrating mask used to hydrate, firm and nourish the skin with powerful anti-oxidants. Throughout the treatment you will receive a luxurious face, neck, hand, arm shoulder, and foot massage leaving you emotionally balanced and tension-free.

- \$160/90 minutes

## LAVENDER FIELDS FACIAL

This aromatherapeutic facial uses lavender essential oils to nourish, hydrate and balance body and mind. Once your skin is cleansed, exfoliated and lightly extracted you will experience a clay based deep penetrating mask to pull out impurities and tighten pores while adding rich minerals to your face all while experiencing a hand and arm massage. After a shoulder, neck and face massage you will be pampered with the "beauty" mask which will add antioxidants while plumping and brightening the skin while at this time experiencing a lower leg and foot massage. A true indulgence!

- \$160/90 minutes

## ZEN HARMONY FACIAL

Harmony is defined as “a pleasing combination of elements in a whole,” which is what you will experience in this treatment that brings together body and mind. A specialized Japanese Shiatsu massage along with essential oils and herbal extracts used in this facial will stimulate energy channels, relieve over-contracted muscles, promote lymphatic drainage, and create a deeply relaxing and balancing effect. Experience the ultimate in holistic skin therapy producing immediate results to lift your spirits and take your skin on a journey of total renewal.

- \$185/90 minutes

## TEEN PURITY

Give your teen a lesson he or she will benefit from over a lifetime: the lesson of proper skin care. Our estheticians will show your teen how to keep skin clean, healthy, and youthful. The treatment starts with a skin consultation, followed by deep pore cleansing and a facial massage.

- \$80/60 minutes

## HERBAL BACK RESTORATION

Prepare to fearlessly wear that backless dress with this luxurious herbal treatment. After deep cleansing and exfoliation with apricot kernels, warm compresses are applied to hydrate and soften, followed by extractions. A deep-penetrating masque, massage, and moisturizer nourishes and leaves the skin smooth and soft.

- \$70/60 minutes

## FACIAL ADD-ONS

LIP TREATMENT • \$15

HAND TREATMENT • \$15

EYE TREATMENT • \$15

## BODY TREATMENTS

### LATHER'S BAMBOO INDULGENCE

Enjoy a head-to-toe exfoliation with a bamboo lemongrass scrub and then relax as the Vichy shower rinses you clean to prepare your skin to be LATHERed with a bamboo lemongrass crème, leaving you with a decadent experience and skin!

- \$90/45 minutes

### GREEN TEA AND GRAPE SEED POLISH

Jurlique's unique mixture of exfoliating grape seed kernels and healing herbs revitalizes and rejuvenates the body's natural detoxifying processes. All natural antioxidants penetrate the body and remove damage-causing free radicals. Your skin is left smooth, with a healthy and radiant glow.

- \$70/30 minutes

### DETOXIFYING MUD TREATMENT

This European Moor Mud treatment will help ease pain and muscle tension while increasing blood circulation. After Moor mud is painted onto the skin, you will be wrapped in a thermal blanket, increasing your body's own natural detoxifying process. During the wrap, you are treated to a Discovery Facial or scalp massage. To finish your experience, our Vichy Shower will rinse your body clean while you enjoy a warm hydrotherapy massage.

- \$115/60 minutes

### JAPANESE MINT SEA SALT GLOW

Famous for their healing and therapeutic properties, Dead Sea salts will relieve aches and pains while relaxing your muscles. Not only will this exfoliating treatment leave you fresh and glowing, but the therapeutic massage using Japanese Mint body oil will also promote circulation and loosen tight muscles. A Vichy shower will cap off this invigorating experience.

- \$105/60 minutes

### EAST MEETS WEST BODY WRAP

Our exclusive anti-aging, detoxifying and exfoliation treatment achieves optimum body rejuvenation and skin therapy. This multi-faceted massage and wrap assists in the regeneration of collagen and elastin, promotes circulation, encourages cell renewal, and feeds anti-oxidant rich vitamins to the skin. Select a Discovery Facial or scalp massage to experience during the wrap. The Vichy's waters will allow you slip into ultimate relaxation as a finale to this treatment.

- \$125/75 minutes

## HOT OIL INFUSION

After warm aromatic compresses prepare your dry and devitalized skin, you will be massaged with rich and nourishing essential body oils of your choice. A cozy cocoon will envelop your body while you receive either a Discovery Facial or scalp massage. After an amazing Vichy shower, your dehydrated skin will feel completely nourished from head to toe.

- \$115/60 minutes

## THE ST. TROPEZ TAN

You may not have taken a vacation to St. Tropez, but you can look like you did! In order to achieve a long-lasting, natural-looking tan, your therapist will first exfoliate your skin to a sleek finish, and then apply a hydrating lotion followed by the tan.

- \$80/60 minutes

## HYDROTHERAPY

*For the hydrotherapy treatments, you will relax in a Zephyr tub while 48 heated air jets massage your body. During your indulgence, you can also benefit from chromatherapy, in which your chosen color of light corresponds to various body energy vibrations.*

## EMPRESS BATH

Prepare for a special night, when you need to look and feel your most radiant. A rich blend of rosewood, geranium, vetiver, palmarosa, and lavender essential oils will hydrate and heal your skin, leaving it smooth and youthful. Ylang ylang and patchouli will linger as an exotic fragrance throughout the night.

- \$45/30 minutes

## DETOXIFICATION BATH

This highly therapeutic bath is designed to assist the body in the elimination of toxins and germs. An effective blend of rosemary, sage, lemon, orange, lemongrass and other potent herbs help to restore your weary body to vibrant health.

- \$50/30 minutes

## VITAMIN C BATH

This bath is extremely helpful for those experiencing cold symptoms. You will be rejuvenated inside and out when damaging free radicals are literally soaked out of body tissues with this high dose of Vitamin C combined with activating herbs.

- \$45/30 minutes

## ROSE MILK BATH

This ancient Egyptian ritual will leave you feeling like royalty. Potent rose essential oils will nourish and hydrate while milk will balance and calm the skin, leaving you luxuriously supple.

- \$50/30 minutes

## MEDITATION BATH

Reconnect with yourself and soak away the cares of the world in this beautiful blend of nurturing oils and herbs. Pine quiets and grounds the mind and body, a perfect compliment to Sandalwood's ability to induce meditation and lavender's power of relaxation.

- \$45/30 minutes

## MASSAGE THERAPY

### MASSAGE FOR TWO

Experience ultimate luxury with your friend or loved one by your side. The massages will be customized to meet each individual's needs and desires.

- \$190/60 minutes • \$285/90 minutes

### KAYA SIGNATURE MASSAGE

The classic and timeless technique of the Swedish massage is used to deeply relax tense muscles, detoxify the body and rejuvenate the mind. Our therapist will adjust the pressure to suit your needs.

- \$90/60 minutes • \$130/90 minutes

### DEEP TISSUE MASSAGE

This intensive massage is designed for those with chronic stiffness, pain, stubborn knots and spasms. By using a variety of deep compressions, your trigger points will be pressured while discomfort and tightness will be alleviated.

- \$100/60 minutes • \$145/90 minutes

### KAYA STONE MASSAGE

Stone therapy is an ancient healing technique used by various cultures throughout the ages. Your body is massaged with smooth, heated basalt river rocks and Swedish techniques. Slip into deep relaxation as the warm stones melt away tension and stress.

- \$105/60 minutes \$150/90 minutes

## AROMATHERAPY MASSAGE

Our Signature Massage benefits are maximized when a custom blend of essential oils is selected for each individual's needs in this multi-dimensional and healing treatment. Each essential oil holds a power all its own, helping to achieve an overall balance of relaxation and physical well-being.

- \$100/60 minutes • \$145/90 minutes

## PRE-NATAL MASSAGE

Extra care is needed for expectant mothers, which is why we use a special massage bed along with a variety of pillows to ensure ultimate comfort. As the body changes so can the aches and pains. This massage will bring you the relief you are looking for.

- \$105/60 minutes • \$150/90 minutes

## MINI MASSAGE

- \$50/30 minutes

## OR...

## REFLEXOLOGY

The therapist practices the Far East method of using thumb pressure to work on specific reflex points on the feet. This massage will stimulate circulation, relieve stress, promote overall relaxation, and release energy throughout your entire body. **NOT RECOMMENDED FOR PREGNANT WOMEN.** For best results, add reflexology on to any massage for only \$30.

- \$50/30 minutes • \$70/45 minutes

## NAIL CARE

### HANDS

KAYA SIGNATURE MANICURE • \$23/30 minutes

CITRUS MANICURE • \$32/45 minutes

THE MANI-TWEENI (12 & under) shape, buff, and polish • \$15/15 minutes

THE FRENCH MANICURE • add \$5

PARAFFIN HAND TREATMENT • \$10 *Warm peach wax soothes your dry, cracked hands.*

SOLAR MANICURE SCRUB • \$5

ACRYLIC FULL SET • \$60/90 minutes *For your benefit, Kaya uses OPI's odorless acrylics.*

ACRYLIC FILL • \$45/60 minutes

POLISH CHANGE • \$13

### LEMONGRASS WASABI MANICURE

LATHER's custom blended essential oils in the lemongrass wasabi soak, bamboo lemongrass scrub, honey moisture mask, and crème massage will restore health to your hands and nails while allowing you ultimate pampering.

• \$45/45 minutes

### DELUXE HAND CARE TREATMENT

Your hands will be picture-perfect after Jurlique's 100% natural manicure. This indulgent treatment begins with an aromatherapy soak, exfoliating rub, a hydrating mask, intensive hand and arm massage combined with a hot towel wrap. Top this all off with a sleek polish.

• \$45/60 minutes (Combine with the Deluxe Foot Care Treatment for a total of \$100)

### FEET

KAYA SIGNATURE PEDICURE • \$47/60 minutes

CITRUS PEDICURE • \$50/60 minutes

THE FRENCH PEDICURE • add \$5

THE PEDI-TWEEN (12 & under) shape, buff, and polish • \$22/30 minutes

EXPRESS PEDI • \$30

CALLUS ERASER TREATMENT • \$15

PARAFFIN FOOT TREATMENT • \$15 *Warm cucumber wax soothes your dry, cracked feet.*

SOLAR PEDICURE SCRUB • \$10

POLISH CHANGE • \$15

## BAMBOO EUCALYPTUS PEDICURE

This LATHER pedicure will start with a eucalyptus and bamboo bath to sooth stress and muscle tension. After a bamboo eucalyptus scrub, you will experience a massage using lemongrass crème with hot towels to lock in the moisture.

- \$55/60 minutes

## REFLEXI-PEDI

Enjoy our Signature Pedicure paired with the Ancient Method of Reflexology, which stimulates circulation, relieves stress, promotes overall relaxation, and releases energy throughout your entire body. NOT RECOMMENDED FOR PREGNANT WOMEN.

- \$90/75 minutes

## DELUXE FOOT CARE TREATMENT

This luxurious foot facial is offered with the use of essential oils. Jurlique's 100% natural treatment pampers your feet with an aromatherapy bath, exfoliating rub, a hydrating mask, soothing and relaxing foot and leg massage coupled with a hot towel wrap. This pedicure combines stress reduction with the attention necessary to provide you with a healthy treat for tired feet.

- \$65/60 minutes (Combine with the Deluxe Hand Care Treatment for a total of \$100)

## PREGGY PEDI

This pedicure is especially designed for our Mom's-to-be. We will first give her tired and swollen feet a treat by soaking them in a bath filled with uplifting Bella Mama Foot Soak Salts. Once her toes are groomed to perfection, she will enjoy a leg and foot massage performed with the Bella Mama Massage Oil followed by hot towel wraps to seal in the moisture. With her feet happy and refreshed, all that is left is the polish of her choice!

- \$50/60 minutes

## WAXING

### JURLIQUE WAX TREATMENT • \$15

This treatment, which uses a combination of Echinacea, Chamomile, Calendula, and Horsetail, is designed to reduce irritation, redness, and ingrown hairs that frequently occur after waxing. This service is to be accompanied by a wax.

Brow • \$25

Lip • \$15

Full Arm • \$40

Forearm • \$30

Brazilian Bikini • \$60

Bikini • \$35

French Bikini • \$45

Underarm • \$20

Full Leg • \$90\*

Face (cheeks, chin, and temples) • \$35

Neck • \$20

*\*Hard or soft wax*

Chin • \$10

Lower Leg\* • \$45

Upper Leg \*• \$60

Feet • \$15

Abdomen • \$20

## **MAKEUP SERVICES**

MAKEUP APPLICATION • \$45/45 minutes

MAKEUP LESSON • \$55/60 minutes

EXPRESS MAKEUP APPLICATION (EYES, CHEEKS, LIPS) • \$40/30 minutes

LASH ENHANCEMENTS • \$40/30 minutes

## **ETC.**

### EAR CANDELING

Relieve wax build-up with this ancient method of deep ear cleaning. Rids problems such as loss of hearing, blocked sinuses, allergies, and other ear disorders. • \$45/30 minutes

EYEBROW TINTING • \$25/15 minutes

EYELASH TINTING • \$30/30 minutes

## **KAYA DAY SPA PACKAGES**

### THE KAYA CLASSIC

Begin your Kaya Experience with a 60-minute Signature Massage before entering the aromatic Signature Facial. End your experience with our Signature Pedicure and Manicure. Lunch is provided.

• \$260/Allow 4 hours

## TWO PEAS IN A POD

You and a friend or loved one will start off your experience with a Massage for Two in our Deluxe Couples Suite before moving into our Private Nail Suite for a joint Kaya Signature Pedicure and Manicure.

- \$330/Allow 3 hours

## A NIGHT ON THE TOWN

Get ready to paint the town red! You will get all dolled up with a custom-blended makeup application, followed by a Kaya Signature Pedicure and Manicure. Complete your look with a blow dry!

- \$155/Allow 2 ½ hours

## THE QUEEN BEE

Prepare to be treated like royalty by soaking in The Empress Bath before an indulgent Aromatherapy Massage. After your herbal, aromatic Ultimate Experience Facial, you will enjoy the Deluxe Foot and Hand Care Treatments. Lunch is provided.

- \$420/Allow 5 ½ hours

## FAR EAST ENDULGENCE

Quiet your mind with a soothing Hot Stone Massage then slip into a luxurious Bamboo Experience body treatment. Once you have had lunch enjoy a true aromatic experience with the Botanical R&R Facial. You will end your experience with the Bamboo Eucalyptus Pedicure and Lemongrass Wasabi Manicure.

- \$385/Allow 5 hours

## A DAY OF ZEN

Start off by reconnecting with your inner-self in the Meditation Bath before receiving a Reflexology Pedicure and indulging in the Zen Harmony Facial. Your experience will then be complete with the Tibetan energy healing treatment of Reiki, attuning your chakras and energy flow. Lunch is provided.

- \$390/Allow 5 hours

## A TASTE OF KAYA

When you need just a moment to regroup we have the perfect package for you! Unwind with a 30 min. Swedish massage before relaxing with either our Jurlique or LATHER 30 min. facial. Finish your sweet treat with an Express Pedicure and Signature Manicure.

- \$153/Allow 2 hours

## A LADY-IN-WAITING

With all other preparation out of the way, pass the time being pampered while awaiting the arrival of your little bundle of joy. Get the immediate relief you need with our Pre-Natal Massage using the lavender-infused Bella Mama Belly Oil, followed by our Preggy Pedi and Signature Manicure.

- \$178/Allow 3 hours

## FOR THE BRIDE

Prepare for your big day by starting with the O2 Experience Facial. After a French Manicure and Pedicure move on to the hand applied St. Tropez Tan.

- \$275/Allow 3 ½ hours

## HAIR SERVICES

*Prices may vary due to length and amount of hair.*

KAYA HAIRCUT & BLOWDRY • Starting at \$55

BLOWDRY & STYLE • Starting at \$40

CHILD (12 & UNDER) • Starting at \$30

UPDO • Starting at \$80

DEEP CONDITIONING TREATMENT • Starting at \$20

SINGLE PROCESS • Starting at \$60

PARTIAL HIGHLIGHT • Starting at \$85

FULL HIGHLIGHT • Starting at \$110

CORRECTIVE COLOR • By Consultation

## **KAYA COURTESIES**

In order to secure your appointment and to honor our cancellation policy please be prepared to provide us with a valid credit card number.

For our service provider's protection, should you need to change or cancel your appointment, please allow a 4-hour advance notice to the spa, otherwise we will charge your credit card for 50% off the services scheduled.

When booking your Spa Parties (groups of 4 or more), please have a credit card number ready to put in our files. Kaya will charge a 10% party service fee not to exceed \$10 per person when a party is catered. The cancellation policy for Spa Parties is 24 hours advance notice, otherwise 50% of the services will be charged.

All purchases may be exchanged within 30 days of purchase for Kaya credit.