



KAYA MEN'S SPA MENU

The Kaya is a unique Japanese tree characterized by its strength and resistance to environmental stress. Like the tree, Kaya Day Spa is a rare beauty in an urban setting. We pride ourselves in creating a spa experience that invigorates and restores balance and energy to the mind, body and soul.

FACIALS

KAYA SIGNATURE GENTLEMAN'S FACIAL

Relax with our Jurlique anti-oxidant facial and steam wrap, specifically designed for today's busy professional. You'll enjoy fresh, healthy-looking skin and a balanced, relaxed mind.

- \$90/60 minutes

THE JACK BLACK FACIAL

This facial is specifically designed for men to remedy problems related to daily shaving and environmental exposure. This treatment will visibly improve the overall condition and appearance of the skin by deep cleaning, detoxifying, refining, revitalizing and restoring.

- \$85/60 minutes

LATHER LUNCH BREAK FACIAL

Only got a New York minute? This 30 minute facial includes cleansing, exfoliation, and a conditioning mask that won't cause redness or swelling. Presto!

- \$50/30 minutes

THAI INTENSE CLEANSE

This facial heals, hydrates, detoxifies and remineralizes the skin, leaving it free of impurities while achieving a tightened and balanced look and feel. Experience deep pore cleansing, gentle extractions, and a restorative masque.

- \$100/60 minutes

THE FITNESS FACIAL

Sonya Dakar has developed this customized facial to get your out-of-shape skin healthy again. This treatment can refine skin's texture, soothe irritation, combat aging, and even out discoloration.

- \$100/60 minutes

CUSTOM ACID PEEL

This treatment is designed around the specific needs of individual skin concerns. This customized peel, made up of lactic acid, green tea, and wheat grass, can eradicate past sun and acne damage, as well as stop the clock on future problems.

- \$85/30 minutes *To maximize results, combine with The Fitness Facial for \$150*

ZEN HARMONY FACIAL

Harmony is defined as "a pleasing combination of elements in a whole," which is what you will experience in this treatment that brings together body and mind. A specialized Japanese Shiatsu massage along with essential oils and herbal extracts used in this facial will stimulate energy channels, relieve over-contracted muscles, promote lymphatic drainage, and create a deeply relaxing and balancing effect. Experience the ultimate in holistic skin therapy producing immediate results to lift your spirits and take your skin on a journey of total renewal.

- \$185/90 minutes

HERBAL BACK RESTORATION

This will leave you feeling like you received the royal treatment after deep cleansing, exfoliation, extractions, and a deep-penetrating mask after massage to nourish and hydrate the skin. Your back will feel dramatically smoother.

- \$70/45 minutes

MASSAGE THERAPY

MASSAGE FOR TWO

Experience ultimate relaxation with a loved one by your side in our Doubles Suite. The massages will be customized to meet each individual's specific needs.

- \$190/60 minutes • \$285/90minutes

KAYA SIGNATURE MASSAGE

The classic and timeless technique of the Swedish massage is used to deeply relax tense muscles, detoxify the body, and rejuvenate the mind. Our therapist will adjust the pressure to suit your needs.

- \$90/60 minutes • \$130/90 minutes

DEEP TISSUE SPORTS MASSAGE

This intensive, deeply penetrating massage is designed for those with chronic stiffness, pain, stubborn knots and spasms often caused by athletics. By using a variety of deep compressions and stretching techniques, your trigger points will be pressured and discomfort and tightness will be alleviated.

- \$100/60 minutes • \$145/90 minutes

KAYA STONE MASSAGE

Stone therapy is an ancient healing technique used by various cultures throughout the ages. Your body is massaged with smooth, heated basalt river rocks while using Swedish techniques. Slip into deep relaxation as the warm stones melt away tension and stress.

- \$105/60 minutes • \$150/90 minutes

OR...

REFLEXOLOGY

Our therapist practices the Far East method of using thumb pressure to work on specific reflex points in the feet. This massage will stimulate circulation, relieve stress, promote overall relaxation, and release energy throughout your entire body. For best results, add reflexology on to any massage for only \$25.

- \$50/30 minutes • \$70/45 minutes

BODY TREATMENTS

Prior to treatments, you will unwind to the relaxing waters of our Vichy Shower. The Vichy Shower's seven showerheads are arranged to form a rain-bar targeting specific needs of the entire body through water massage.

LATHER'S BAMBOO INDULGENCE

Enjoy a head-to-toe exfoliation with a bamboo lemongrass scrub and then relax as the Vichy shower rinses you clean to prepare your skin to be LATHERed with a bamboo lemongrass crème, leaving you with a decadent experience and skin!

- \$90/45 minutes

GREEN TEA AND GRAPE SEED POLISH

Jurlique's unique mixture of exfoliating grape seed kernels and healing herbs revitalizes and rejuvenates the body's natural detoxifying processes. All natural antioxidants penetrate the body and remove damage-causing free radicals. Your skin is left smooth, with a healthy and radiant glow.

- \$70/30 minutes

JAPANESE MINT SEA SALT GLOW

Dead sea salts are famous for their healing and therapeutic properties. Rich in life-enhancing minerals, salts are key in relieving aches and pains and are relaxing to the muscles. Japanese mint promotes circulation and loosens up tight muscles.

- \$105/60 minutes.

MOOR MUD TREATMENT

This natural black magma treatment penetrates your skin with rich vitamins and minerals. It also helps hydrate and rejuvenate your body while easing pain and muscle tension.

- \$115/60 minutes

HYDROTHERAPY

During hydrotherapy treatments, you will relax in a Zephyr tub while 48 heated air jets massage your body.

THE EMPEROR'S BATH

Lose all of your worries of the outside world with this blend of nurturing oils and herbs. Pine quiets and grounds the mind and body, while Sandalwood induces meditation and relaxation.

- \$45/30 minutes

AFTER SPORTS BATH

Enjoy a long soak in Birch and Arnica, nature's best herbal combination for soothing away muscular aches and pains and especially good for avoiding soreness on the day following your sport activity. Combined with a powerful anti-oxidant scrub and health-giving lemongrass mineral salts, this bath is a great way to end your day.

- \$45/30 minutes

DETOXIFICATION BATH

This highly therapeutic bath is designed to promote lymphatic drainage and assist the body in the elimination of toxins and germs. An effective blend of potent herbs help to quickly restore the weary business traveler to maximum health.

- \$50/30 minutes

VITAMIN C BATH

This bath is extremely helpful for those experiencing cold symptoms. You will be rejuvenated inside and out when damaging free radicals are literally soaked out of body tissues with this high dose of Vitamin C combined with activating herbs.

- \$45/30 minutes

GENTLEMAN'S HAND AND FOOT CARE

KAY SIGNATURE "MAN"-ICURE • \$23/30 minutes

PARAFFIN HAND TREATMENT • \$10/session

HOT OIL MANICURE • \$30/session

SOLAR "MAN"-ICURE SCRUB • \$5/session

THE DELUXE HAND TREATMENT • \$45/60 minutes

This Jurlique treatment includes an exfoliating rub, hydrating mask, and intensive massage enhanced by a hot towel wrap. Nails are buffed to look healthy and professional.

KAYA SIGNATURE MEN'S PEDICURE • \$47/60 minutes

PARAFFIN FOOT TREATMENT • \$15/session

SOLAR PEDICURE SCRUB • \$10/session

THE DELUXE FOOT TREATMENT

Offered with pure essential oils, this Jurlique pedicure is the ultimate fix for the weary and tired professional. Experience a soothing bath, exfoliating scrub, hydrating mask and relaxing leg and foot massage coupled with a hot towel wrap. This foot facial combines stress reduction with the attention necessary to provide you with some relief for your tired feet.

- \$65/60 minutes

REFLEXI-PEDI

Enjoy our Signature Pedicure paired with the Ancient Method of Reflexology, which stimulates circulation, relieves stress, promotes overall relaxation, and releases energy throughout your entire body.

- \$90/75 minutes

WAXING

JURLIQUE WAX TREATMENT • \$20

This treatment, which uses a combination of Echinacea, Chamomile, Calendula, and Horsetail, is designed to reduce irritation, redness, and ingrown hairs that occur after waxing. This service is to be accompanied by a wax.

NECK • \$25

BACK • \$55

NOSE • \$10

ABDOMEN • \$20

FEET • \$15

CHEST • \$75

EARS • \$15

Please inquire for any additional wax service pricing.

ETC.

EAR CANDELING

Relieve wax build-up with this ancient method of deep ear cleaning. With regularly scheduled treatments, you will be rid of problems such as loss of hearing, blocked sinuses, allergies, and other ear disorders.

- \$45/30 minutes

ESPECIALLY FOR MEN SPA PACKAGES

THE KAYA CLASSIC

Begin your Kaya Experience with a 60-minute Signature Massage before entering the aromatic Signature Facial. End your experience with our Signature Pedicure and Manicure. Lunch is provided.

- \$260/Allow 4 hours

TWO PEAS IN A POD

You and a friend or loved one will start off your experience with a Massage for Two in our Deluxe Couples Suite before moving into our Private Nail Suite for a joint Kaya Signature Pedicure and Manicure.

- \$330/Allow 3 hours

THE ATHLETE

Release those knots with a Deep Tissue Sports Massage coupled with Reflexology to energize and stimulate your body and mind. Next, you will receive a purifying Gentleman's Herbal Back Restoration. Just when you thought it couldn't get any better is when you will take an After Sports Bath to soothe away your aches and pains. Lunch is provided.

- \$255/Allow 2 hours

THE EXECUTIVE

Purify yourself first with our Detoxification Bath. Then, experience a Jack Black Facial and Ear Candling to help relieve damage caused by long cross-country flights. Enjoy a nutritious meal in the interim, before ending your experience with The Deluxe Hand and Foot Treatment.

- \$290/Allow 4 hours

THE V.I.P.

Be treated like the famous with a Kaya Signature Gentleman's Facial, followed by the rejuvenating Moor Mud Treatment. Continue your royal treatment with the Emperor's Bath, ended by the Kaya Signature "Man"-icure and Pedicure. Lunch is provided.

- \$330/Allow 4+ hours

DAY OF ZEN

Start off by reconnecting with your inner-self in the Meditation Bath before receiving a Reflexology Pedicure. Next, indulge in the Zen Harmony Facial. Your experience will then be complete with the Tibetan energy healing treatment of Reiki, attuning your chakras and energy flow. Lunch is provided.

- \$390/Allow 5 hours

If for any reason any of our packages do not suit your specific needs, feel free to work with our staff to customize your own.

HAIR SERVICES

THE MENS CUT • Starting at \$45

NECK & SIDEBURN TRIM • Starting at \$15

CHILD (12 & UNDER) • Starting at \$30

DEEP CONDITIONING TREATMENT • Starting at \$20

SINGLE PROCESS • Starting at \$60

PARTIAL HIGHLIGHT • Starting at \$85

FULL HIGHLIGHT • Starting at \$110

CORRECTIVE COLOR • By Consultation

KAYA COURTESIES

In order to secure your appointment and to honor our cancellation policy please be prepared to provide us with a valid credit card number.

For our service provider's protection, should you need to change or cancel your appointment, please allow a 4-hour advance notice to the spa, otherwise we will charge your credit card for 50% off the services scheduled.

When booking your Spa Parties (groups of 4 or more), please have a credit card number ready to put in our files. Kaya will charge a 10% party service fee not to exceed \$10 per person when a party is catered. The cancellation policy for Spa Parties is 24 hours advance notice, otherwise 50% of the services will be charged.

All purchases may be exchanged within 30 days of purchase for Kaya credit.